



Kosher Weekend Sample Menu

Perلمان Retreat Center will work with your group to create a delicious and varied menu for your stay.

	Friday	Saturday	Sunday
Breakfast		Scrambled Eggs Hash Brown Potatoes Bagels with Cream Cheese Granola, Yogurt & Fresh Fruit Assorted Cereal with Milk Fruit Juice	Waffles & Syrup Bagels with Cream Cheese Granola, Yogurt & Fresh Fruit Assorted Cereal with Milk Fruit Juice
Lunch		Deli Sandwiches on Hoagie Rolls Potato Chips Condiments & Pickles Salad Bar Dessert	Vegetarian Chili Steamed Broccoli / Steamed Kernel Corn Baked Potatoes Cheese Sauce, Sour Cream Tortilla Chips & Salsa Salad Bar Dessert
Dinner	Chicken Soup Oven Roasted Chicken Rosemary Potatoes Tender Baby Carrots Challah Salad Bar Dessert Grape Juice	Vegetarian Lasagna Garlic Bread Sticks Caesar Salad Salad Bar Dessert	
All Meals Include: Coffee, Gourmet Flavored Teas, Fruit Bowl & Water Dairy Meals Include: Cappuccino, French Vanilla & Hot Chocolate <i>*Vegetarian or Vegan Options Available with Meat Meals Upon Request</i>		Options Available at an Additional Cost: <ul style="list-style-type: none"> ▪ Breakfast Pastries: Apple Turnovers, Muffins, Doughnuts ▪ Snacks: Wine with Cheese & Crackers; Chips & Salsa; Pretzels; Brownies; Cookies ▪ Lemonade Cups ▪ Organic Salad Bar ▪ Organic Fruit Bowl 	